

## Tae Kwon Do After School Club at Tarver

**Tuesdays & Thursdays 2:30-3:30 in the gym**

**Kinder and 1st grade will be on Tuesdays (April 7th, 14th, 21st, and 28th)**

**2nd grade - 5<sup>th</sup> grade will be on Thursdays (April 9th, 16th, 23rd, and 30th)**

**Who will instruct?** Certified Instructor(s) from Universal Tae Kwon Do

**How Much?** \$20 per student (includes belt) Checks can be made out to Tarver Elementary and should be attached to the registration form.

**Why Tae Kwon Do?** To build confidence and self-esteem, to challenge and overcome fears, improve fitness, flexibility and coordination in a safe and empowering environment.

**What is Tae Kwon Do?** Tae Kwon Do is a martial art, utilizing kicking and punching techniques originally developed in Korea. While the focus in class often appears to be on the physical training, Tae Kwon Do is equally devoted to developing mental and interpersonal skills.

If you have any questions, please feel free to contact Mr. Caruso at 720-972-8475 or car022552@adams12.org.

**Class size is limited and is being offered on a 1<sup>st</sup> come, 1<sup>st</sup> serve basis. Please return the attached permission slip and payment to the office.**

-----tear here-----return below-----

Student's Name \_\_\_\_\_

Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

\_\_\_\_\_ My child will go back to B.A.S.E.

\_\_\_\_\_ My child can walk home.

\_\_\_\_\_ My child will be picked up promptly at 3:30.

**Parent Signature:** \_\_\_\_\_